

We are happy to announce that Truist Plaza Fitness Center hours have been extended to normal operating hours, listed below.

To enjoy Fitness Center access, a Fitness Center Agreement must be on file with the management offices. The [Fitness Center license agreement](#) is located on the Truist Plaza website for your convenience.

Monday – Thursday: 5:30AM to 9PM

Friday: 5:45AM to 8PM

Saturday: 8AM to 2PM

Sunday: Closed

Please contact the management office with any questions at 404-614-5000.